

**being moved by the  
space**

**circling**

**crawling**

**dancing like nobody  
is watching**

**dancing like the  
whole world is  
watching**

**expanding**

**falling**

**floating**

**folding and  
unfolding**

**gathering the space**

**interacting with the  
surrounding  
environment**

**letting one body  
part lead the rest of  
your body**

**making angles**

**making round  
shapes**

**pursuing pleasure**

**moving at the speed  
of wind**

**reaching**

**rolling**

**rotating**

**seeing everything**

**shaking**

**shifting the weight  
between the feet**

**slicing**

**swinging**

**tasting stillness**

**tossing**

**twisting**

**undulating**

**weaving**

**writing your own  
name with a body  
part**